



HOW DO CHILDREN BENEFIT FROM PBIS?

Positive Behavioral Interventions and Supports (PBIS) is a way of supporting your child's strengths and helping your child learn by teaching behavior using proactive approaches that respond to each child's specific needs. Schools, individuals and families can use PBIS to support children to be successful in all environments.

The purpose of this resource is to provide families with information on how PBIS can assist their child and family.

BENEFITS OF PBIS

SKILL BUILDING

PBIS focuses on teaching students desired behaviors rather than reacting to undesirable behaviors. The emphasis is on lifelong, adaptive development that is important for success at any age. PBIS focuses on ensuring children's well-being and quality of life are maintained when considering the best ways to support behavior for children.



ENVIRONMENTAL CHANGES

PBIS focuses on creating environments, such as classrooms and playgrounds, that are more supportive of good behavior for your child. PBIS does not try to "fix" children but rather creates environments that help children to be successful.

EVIDENCE THAT IT'S WORKING

PBIS focuses on monitoring how your child is progressing towards their goals in response to strategies that are used. If your child is not progressing, PBIS adjusts the strategies to ensure success.





BENEFITS OF PBIS FOR CHILDREN IN SCHOOLS

BETTER SCHOOLS

When children attend schools that implement PBIS for all students (tier 1), these schools tend to have better outcomes for children academically, behaviorally, and socially.

PERSONALIZED SUPPORT

Some children may benefit from additional, more intensive PBIS supports (sometimes referred to as tier 2 or tier 3 interventions). These interventions allow the school to create supports that are personally designed to meet your child's unique and individualized needs. This ensures that students are receiving the supports that work for them.

ASK YOUR CHILD'S SCHOOL ABOUT PBIS

- Ask about how you can work with your child's teachers to support your child's behavior from school to home.
- Ask your child's school for information on whether or not the school is using PBIS. If they are, ask for examples and help in understanding how they are using PBIS. If they are not, ask for examples and help in understanding the strategies they are using to support student behavior.
- Share information about how your child learns best and information that will help the school best support your child (e.g., she does best when given a 5 min. warning for transitions or end of activities). Share information about your family's culture and how the school can be sensitive and responsive.
- Ask your child's school for information and support to link school's strategies in the home (how can I encourage my child to be respectful and responsible in school?)

MORE INFORMATION

Family-School-Community Alliance: <https://fscalliance.org/>
National Technical Assistance Center on PBIS: www.pbis.org
Center for Parent Information & Resources: <https://www.parentcenterhub.org/>
Association for Positive Behavior Supports: www.apbs.org
Home and Community Network of APBS: <https://hcpbs.org/>